# Quick Guide: Personal Income & Outlays Releases

## This monthly release combines:

#### Personal income

- From all sources, not just wages and salaries
- Includes government social benefits, such as unemployment insurance, Medicare, Medicaid, Social Security, and pandemic-related payments

Outlays primarily personal consumption expenditures, also known as consumer spending



The Related Materials tab takes you to a longer version of the release with tables, historical comparisons, and more

Includes info about COVID-19 and federal stimulus programs



# What about my state or city?

See bea.gov/news/schedule for release dates:

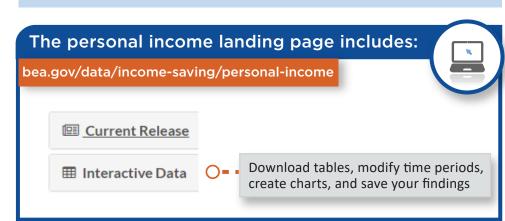
- Personal income and outlays by state
- Real personal income by state
- Personal income by county and metropolitan area



### When using the data, note:

Personal income Available in current dollars

Consumer spending Available in current and real, or adjusted for inflation, dollars





For more info about other numbers in the release, see bea.gov's *Data by Topic* landing pages:

- Disposable personal income
- Personal saving rate
- PCE price index
- PCE price index, excluding food and energy
- Government receipts and expenditures

